

AGENDA ITEM: 5

**HEALTH SCRUTINY PANEL**

**25 OCTOBER 2007**

**LIFE EXPECTANCY WITH A PARTICULAR FOCUS ON  
CARDIOVASCULAR DISEASE:  
LEISURE FACILITIES WITHIN THE TOWN**

**PURPOSE OF THE REPORT**

1. To introduce to the Panel officers from Middlesbrough Council, in attendance to discuss leisure facilities within Middlesbrough and the accessibility of them.

**RECOMMENDATIONS**

2. That the Panel notes the information submitted and following any questions felt necessary, incorporates all evidence gathered into the overall review.

**CONSIDERATION OF REPORT**

3. During its review into life expectancy with a particular focus on CVD, the Panel has collated evidence from a number of sources, on themes related to CVD. It has heard about the incidence of CVD in Middlesbrough, the related public health picture, the role of General Practice in tackling CVD and the role of the South Tees Hospitals NHS Trust. The Panel has also received the views of public policy specialists, on the role that health policy can play in confronting public health concerns.
4. In the evidence gathered so far, the Panel has learnt how important a healthy lifestyle is in tackling CVD. As such, the Panel has expressed an interest in gathering information on the type of leisure facilities available in Middlesbrough and how accessible they are.
5. It is to this end that officers from Middlesbrough Council will be in attendance at today's meeting. It is anticipated that initially, the Panel will be briefed on the scale of leisure services across Middlesbrough and their locations. Following that, Members are invited to ask any questions they feel appropriate for the purposes of the review. Members may want to particularly ask

questions around how such services are made accessible to all sections of the community.

6. Following today's meeting, it is anticipated that the Panel will consider all evidence gathered, ahead of the expected final evidence gathering session on 19 November 2007.

## **BACKGROUND PAPERS**

7. No background papers were used in the production of this report.

### **Contact Officer:**

Jon Ord - Scrutiny Support Officer  
Telephone: 01642 729706 (direct line)  
Email: [jon\\_ord@middlesbrough.gov.uk](mailto:jon_ord@middlesbrough.gov.uk)